



## Terrence Louis Posluszny, M.D.

May 14, 2024

The family of Dr. Terrence L. Posluszny, "Dr. Terry," sadly announces his passing on May 14, 2024, at McAllen Medical Center after a brief illness. Terry was born in Baltimore, Maryland, on October 18, 1951, to Lawrence and Lydia Posluszny. As a young person, he was an avid ice hockey player and loved music, playing guitar in several rock bands. As a teenager, Terry attended Mount Saint Joseph Catholic High School for boys on a full scholarship after obtaining the highest score out of over 2000 applicants on the placement exam. At age fifteen, Terry lost his father to undiagnosed heart disease. This became a central driving force behind Terry's decision to become a cardiologist and underscored his lifelong passion for the treatment, compassionate care, and diagnosis of cardiac patients.

Terry attended the University of Notre Dame in South Bend, Indiana, where he developed another lifelong passion: Notre Dame football! After graduating cum laude with a Physics degree, he attended the University of Maryland School of Medicine. It was there that he met the love of his life, Sharon, and his lifelong friends, her brothers Dr. Charles R. Graham (University of Maryland School of Medicine '77) and Dr. Richard Graham (Johns Hopkins School of Medicine '75).

Terry continued his medical training with a cardiology fellowship at Johns Hopkins Hospital and the Baltimore Veterans Hospital. After his training, Terry and his family moved to sunny South Texas where it was his distinct honor and pleasure to care for cardiology patients in the Rio Grande Valley for over

42 years. The absolute center of his life was family, friends, faith in God, and the ability to diagnose and treat his heart patients. Nothing brought Terry more joy than alleviating a patient's suffering and improving their quality of life with his diagnostic skill. As he often remarked, Terry loved "when the science worked" to improve a person's outcome, and he worked tirelessly to help each patient.

Terry was a member of the American Medical Association, the Texas Medical Association, the Hidalgo Starr County Medical Societies, the American College of Cardiology, the American Society of Echocardiology, the American Heart Association, and the Texas Medical Foundation. Over the course of his decades long career, Terry received many awards and honors, but was most grateful to be able to provide services to his many, many patients. He is forever indebted to his amazing staff of Yesenia, Sylvia, Mark, Luis, Adriana Candie and Miguel.

Aside from physician, Terry's favorite role in life was father, husband, and friend. He is survived by his wife, Sharon; his two beloved daughters, Dr. Lauren Bourell D.D.S. M.D. (husband, Christopher Bourell J.D. L.L.M) and Susan Posluszny J.D. (partner, Lauren Fash); four grandchildren, Marilyn Elaine, Sabrina Marie, Quincy Faith and Jonah Bourell; two beloved brothers-in-law, Dr. Charles R. Graham (wife Dr. Soon Ja Kim) and Dr. Richard S. Graham; and of course, his many lifelong friends.

Terry's family would like to thank the medical, nursing, respiratory, and pharmacy staff of McAllen Medical Center. There are too many to name, and all of you were amazingly kind. We would like to acknowledge Dr. Michael Jelenik, Dr. Adolfo Kaplan, Dr. Jesus Rodriguez, Dr. Roman Erik Tavarez, Dr. Joshua Betancourt, Dr. Tommy Yee, Dr. Lester Dyke, Dr. Julian Gomez, Dr. Vincent Vann, Kimberly Prescott Pharm.D, Joyce Zeldis, Dayana Bermea, and everyone who touched Terry's life with their compassionate care. And of course, Dr. Terry's family is certain he would want to thank each and every one of his patients whom he regarded with so much care and love over these many years. Dr. Terry would have loved to be your cardiologist forever.

Visitation will be Friday, May 17, 2024 from 6-8 pm with a rosary at 7. Funeral mass will be at 11:00 a.m. Saturday, May 18 at Our Lady of Sorrows Catholic Church with burial to follow at Valley Memorial Gardens Cemetery.

# Previous Events

## Visitation and Rosary

MAY 17. 6:00 PM - 8:00 PM (CT)

Kreidler Funeral Home, Inc.  
314 N 10th St.  
McAllen, TX 78501  
(956) 686-0234  
kreidler@sbcglobal.net  
<http://www.kreidlerfuneralhome.com/index.html>

## Funeral Mass

MAY 18. 11:00 AM (CT)

Our Lady of Sorrows  
1108 W. Hackberry Ave.  
McAllen, TX 78501

## Burial will follow

MAY 18. 12:00 PM (CT)

Valley Memorial Gardens  
3605 N Taylor Rd  
Mission, TX 78501

# Tribute Wall

DC

“ I just found out his passing today 12/16/24. I was calling to make an appt thinking I have mist the appt and learn his passing. I am so sorry for the loss of the family. I am so sad to know this. He will be missed. I will cherish him for ever. He was a great and caring doctor I ever had. He’s been my Dr for 24 years. RIP Dr. Posluszny. 🙏

Diana Correa - December 16, 2024 at 12:36 PM

GC

“ It is with great shock and sadness that we have learned that Dr. Terry has passed away. He had been our cardiologist since 1991. We appreciated his solutions to our care. We also appreciated his sense of humor. I was a real joy to have our appointments with him.

With sincere sympathies.  
Gloria and Phil Crum

Gloria and Phil Crum - August 12, 2024 at 08:57 PM

JN

“ I am so sorry to hear of the passing of Dr. Posluszny. He was my cardiologist for nearly twenty years, and was always kind, compassionate and caring. My condolences to his wife, the Posluszny family and his office staff. Rest in peace Dr. Terry.

Joseph Nelson - May 17, 2024 at 02:27 PM

DF

Dr Posluszny treated my parents with excellent care for many years and they always spoke about what a fine Doctor he was. Rest in peace, Dr. Terry.

Dallee Fitzpatrick - May 21, 2024 at 12:07 AM

BM

“ Terry was my roommate in medical school from 1974-75 until we each met our respective wives and we joked that after meeting them, we didn't actually have many shared nights together in our apartment anymore. I loved hearing Terry play the guitar (Pink Floyd was big at the time) and sharing our miseries together as we prepped for the entirely too frequent exams. We didn't stay in touch after graduation, but I often thought of him and wished we had. Now it's too late. There's a lesson there for us all.

Ben Werner, MD - May 16, 2024 at 11:54 PM

BC

Dr. Terry And Dr. Terry Waters did angioplastic/balloon surgery on my mother many years ago. She lived to be 98 1/2 so they did a great job. He was loved by many and will certainly be missed. We were blessed to have such a fine doctor in McAllen.

Betty Allen Cox - June 03, 2024 at 06:36 PM

JK

Dr Terry was the best doctor I've had since I came to the Valley in 1981. I trusted him. He had a way about him . He will be missed .  
RIP 🙏

Jenniffer King - June 09, 2024 at 10:31 PM



“ A sympathy card was purchased for the family of Terrence Louis Posluszny, M.D..



May 16, 2024 at 09:39 PM

OV

“ Mrs. Posluszny and family I am so sorry for your loss. Dr. Posluszny was my Cardiologist. He always treated me with respect. I am going to miss him . My heartfelt condolences and prayers to you and your family.



Olvia Valladares - May 16, 2024 at 09:03 PM

LV

“ DR. POSLUSZNY WILL BE DEARLY MISS THERE IS NO ONE ELSE LIKE HIM. I WAS A PATIENT OF HIS SINCE 1978. HE WAS SUCH A SMART DR. AND ALWAYS EXPLAINED EVERYTHING SO WELL LIKE NO OTHER DOCTOR. WE MEET WHEN HE WOULD GIVE HIS SERVICE TO THE PATIENTS AT NUESTRA CLINICA DEL VALLE FREE. SUCH A CARRING AND LOVING DR. THAT WILL BE TRULY MISS BY HIS PATIENCE S 😭😭😭



Lucy Villarreal - May 16, 2024 at 09:59 AM

LA

“ Dr. P had the most caring heart and the soul of an angel. It was and honor and my pleasure to have worked for him. You will be missed Dr. P by many. So many beautiful memories instilled in us because of you and many beautiful shared stories by you followed by your chuckle! Fly High Dr. P. You'll never be forgotten.

Linda Adame - May 16, 2024 at 09:38 AM

JM

“ Sherry and family, I am so sorry for your loss. Dr. Terry was a wonderful physician and awesome person. He treated everyone with kindness and respect. You have my heartfelt sympathy.

Jan Maville - May 15, 2024 at 09:38 PM

SM

“ *The most caring cardiologist he loved his patients more than anything! Greatest human being so honored to work with him for many years ! Always in my heart ❤️❤️ love you so much and will miss you ! Fly high may you rest in peace! No one will ever fill your shoes !*

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**Sylvia Montalvo** - May 15, 2024 at 07:39 PM

FI

*Feeling sad for the passing of my cardiologist.A great Doctor and a wonderful friend! Rest in Peace Doctor Posluszny....🙏.....Fidel Perez*

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**Fidel S Perez III** - May 16, 2024 at 06:11 PM

EA

*I did my externship with Dr.Posluszny I remember with three months that I was supposed to be there, but he asked me if I would stay one more month with him, and I agreed to me that was an honor for him to ask me, and then after that, he even found me a job at McAllen medical Center as an EKG technician thank your doctor passed last night. I will always remember that*

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**Estela Alaniz** - May 17, 2024 at 09:03 PM

GF

*Mrs Posluszny and family I am so sorry for your loss. Dr. Posluszny was my Cardiologist for over 10 years. He always treated me respect I am going to miss him. He was the most kind and caring Cardiologist. He always took the time to explain and answered my questions. I will miss him. My most heart felt condolences and prayers to you and your family Mrs Posluszny.*

*Gregoria Fahrenkrug*

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**Gregoria Fahrenkrug** - May 18, 2024 at 10:09 AM

RM

*We will miss you greatly Terry. You were always medicine's best foot forward and an inspiration to all your colleagues. Rest in peace ? Hmm..., maybe not. I'll bet your soul has already journeyed to an even higher calling than it had with us. Blessings to all your family.*

*Richard C Newton MD*

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**Richard C Newton MD** - May 18, 2024 at 07:08 PM